

# Holiday Request from Power Inside



Winter, 2011

Dear Friends of Power Inside,

Nothing demonstrates the necessity of funding grassroots organizations such as Power Inside like the stories of the women we serve.

*Andrea was introduced to Power Inside through a support group at the Women's Detention Center. As a homeless drug user, she sought Power Inside's services after her release. A year after meeting Power Inside, Andrea has completed drug treatment, and through assistance from Power Inside now has stable housing. Andrea now is employed assisting other women and is considering college.*

*Andrea says of Power Inside: "Power Inside was right there all the time, from a cup of coffee to a blanket; from detox to where I am today, they supported me. Because Power Inside had faith in me, I was able to start having faith in myself."*

This holiday season will be difficult for many. Just as Andrea and our many clients have come to rely upon the support of Power Inside, we have come to rely upon your help as we provide assistance to the many women who so direly need it. Even small donations make a big difference.

**HOW TO GIVE?** Pledge to make a **monetary donation** (which are tax deductible) or **purchase one or more gifts** from our wish list. Purchasing items from the attached list helps us to make sure women get what they need during the winter months. Please call us if you wish to sponsor an entire family! You may drop off gifts and checks at the following times, call to arrange pick-up, or mail items to us.

\* **Checks should be made payable to:** Power Inside, P.O. Box 4796, Baltimore, MD 21211

\* **Scheduled drop-off times:** Power Inside is located at 325 E. 25<sup>th</sup> Street, Baltimore 21218

Donations may be dropped off during the following periods, or arranged in advance by phone.

- Sunday	December 11 <sup>th</sup>	3:00 pm – 5:00 pm
- Tuesday	December 13 <sup>th</sup>	8:00 am – 12:00 pm
- Thursday	December 15 <sup>th</sup>	5:00 pm – 8:00 pm
- Saturday	December 17 <sup>th</sup>	2:00 pm – 5:00 pm

In the words of a Power Inside client:

*"Power Inside is a wonderful support network and I would like to see them continue to offer their resources and assistance to more women."*

**WHO ARE WE?** Power Inside is a non-profit program of Fusion Partnerships, Inc. We provide support for women who are transitioning from jail to the community, who are homeless, and who are impacted by a lack of resources. We serve 300 women per year through our women's drop-in center, support groups in jail and prison, street outreach, and counseling.

**WHO WILL BENEFIT?** Donations will be distributed to women who are recently released from incarceration, or who live in transitional houses, shelters, and on the streets.

**Thank you in advance for your generous support!**

## ***Power Inside Holiday Wish List***

**The lists below represent supplies needed to serve homeless women. These include client supplies and supplies used to support direct client services. We ask that you please not wrap items so we know what's inside.**

### **FOOD:**

- \* Grocery store gift cards (Safeway, Save-A-Lot, Giant)
- \* Canned food (complete meals or proteins such as Vienna sausages; pop tops especially needed)
- \* High calorie/protein granola or energy bars (Special K protein meal bars, Luna bars; no Cliff Bars or Power Bars please)
- \* Ensure and Boost high calorie/protein drinks
- \* \$5 McDonald's gift cards
- \* Can openers

### **PERSONAL CARE ITEMS:**

- \* Sanitary products (unscented, super/super-plus tampons and pads)
- \* Toiletries (travel sizes and larger sizes)
  - deodorant
  - lotion (including thick for winter)
  - toothbrushes, toothpaste, & toothbrush holders
  - shampoo and conditioner
  - lip balm
- \* Small packs of **non-antiseptic** wet-wipes, baby wipes, sanitary wipes, and hand sanitizer
- \* Hair care products for African-American women (wide-tooth combs only—please no fine-tooth combs; hair moisturizer, hair gel, and hair grease; travel sizes welcome)
- \* Hand and toe/foot warmers (disposable packs)

**FACILITY NEEDS** (please contact us if you would like to donate any of the following):

- \* Shelving (especially steel utility shelves)
- \* Bulletin boards
- \* Desk chairs
- \* New vacuum
- \* Small/medium refrigerator

### **NEW CLOTHING and BLANKETS:**

- \* Women's underwear (including sizes 6, 7, 8, 9 and 10—full coverage, no thongs please)
- \* Bras (especially sports bras) in various sizes
- \* Warm socks (including slipper socks)
- \* New sweatshirts (especially hooded; including larger sizes)
- \* Winter hats, gloves & scarves
- \* Rain ponchos and winter coats
- \* Blankets (including thick winter comforters)
- \* Backpacks, tote bags, large purses (used, good condition welcome)

### **BOOKS, JOURNALS and MISC.:**

- \* CVS and Target gift cards for gifts and household supplies (we will shop for you!)
- \* Journals, composition books, and datebooks
- \* Christmas cards and stamps (for women in prison)
- \* Affirmations, spiritual, recovery, and women's self-help books

### **Contact Information:**

Harriet Smith or Jacqueline Robarge

#### **Power Inside**

325 E. 25th St. Baltimore, MD 21218

Phone: 410-889-8333 / Fax: 410-889-5719

Holidays2011@powerinside.org / www.powerinside.org

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***Power Inside—working for safety, dignity and justice for women in Baltimore***

Power Inside is a program of Fusion Partnerships, Inc.-- a 501(c)3 nonprofit.